



PALMA



*Myspa*

# FACIAL TREATMENTS



## **PURITY - FACE CLEANING**

60' 70 €

Customized treatment suitable for all skin types. It allows to fully purifying the skin from impurities and toxins thanks to the use of ozone in the steam, preparing the face to receive all the benefits and it gives the skin brightness and oxygenation.

## **REHYDRA - SUBLIME MOISTURIZING TREATMENT** *Nourishing and moisturizing action*

50' 70 €

Ideal for those having dry or dehydrated skin and need additional supply of hydration, as well as an intense cell renewal. Perfect also for young skins who want to begin a process of prevention to aging.

*The synergy of the elements contained within the Hydraplus Complex gives intense hydration and makes the skin soft, velvety, and deeply nourished.*

## **BRIGHTENING - LIME VITAMIN C**

50' 70 €

*Lifting, elasticizing, toning, and protective action*

Grazie all'efficacia della vitamina C, questo trattamento viso anti-ossidante stimola la produzione del collagene e rigenera il tono della pelle e la sua luminosità.

Triplice Vitamina C per una efficace azione di rinforzo che risveglia e illumina la cute, preparandola all'esposizione solare e svolgendo una potente azione rimpolpante.



## **WHITE MOON - BRIGHTENING AND SMOOTHING**

60' 70 €

### ***Smoothing and brightening action***

Ideal for skins of all ages with uneven complexion, opacity, corneous thickening and in cases where the skin loses transparency and freshness and needs to be renewed. Ideal for treating the décolleté as well, where there are spots and discolorations due to prolonged sun exposure.

*The important action carried out by the liquorice extract allows the regulation of the production of melanin, performing a powerful antioxidant action and giving immediate brightness to the skin. The face is immediately fresh, the skin soft and silky, the complexion is uniform, the spots and discolorations are reduced.*

## **SENSITIVE SKIN - FRESH EMOTION**

50' 70 €

### ***Soothing and decongestant action***

Dedicated to stressed skins suffering periodically from itching, redness, tingling, sensitive to heat and / or with couperose. Soothing, moisturizing and nourishing treatment that, thanks to the extract of turmeric root, with anti-inflammatory and regenerative properties, performs an immediate decongestant and protective action, renewing and strengthening the skin barrier. Sichuan Pepper immediately relieves irritated skin discomfort.

The sense of wellness is instantaneous. The skin is less irritated and the capillaries are reinforced and protected. No more annoying sensations and no more stress.



## **BIO + DERMA FACE BALANCE**

60' 80 €

### ***Moisturizing, nourishing with deep age care action***

Ideal for those wishing a certified organic facial treatment, Cosmos Organic and Vegan.

Suitable for all skin types, can be performed all year round, it gives immediate hydration and nourishment to the skin, achieving a deep and complete aging care action.

The result is a uniform, compact, hydrated, deeply nourished, and restored skin for an instantly younger look.

*Only organic herbal-extracts, for a clinical result, without giving up pleasant olfactory and organoleptic sensations: moisturizing and toning absinthe extract, obtained with patented eco-sustainable processes, flaxseed extract to relax the facial features, grapefruit extract for a smoothing brightening effect, organic safflower oils, and cranberry seed oils to nourish the skin at different levels.*

## **INTENSE - AGE CARE RELAXING**

50' 90 €

### ***Detoxifying, regenerating and elasticizing action***

A comprehensive response to act in a visible and fast way not only on aging, but also on the damage caused by pollution. Ideal in spring and summer time, excellent for young skins too that want to prevent premature face skin ageing.

*Energized seawater increases skin elasticity, stimulating the production of collagen and elastin, creating protection against pollution. Brightening and relaxed skin appears immediately smoothed and lifted.*



# BODY TREATMENT



## **BIO + DERMAL BODY BALANCE**

50' 60 €

### ***Organic exfoliating action***

Detoxifying and exfoliating body treatment.

It helps to eliminate dead cells in depth and, thanks to the presence of innovative synergies with plant extracts, provides intense nourishment, and ensures deep regeneration. Perfect preparation for specific treatments and / or for an intense and uniform tan program.

## **IRRITUAL**

50' 80 €

### ***Relaxing action***

Relaxing treatment that acts on various points of the body and, thanks to specific techniques, stimulates the energy of the body and reactivates blood and lymphatic circulation, generating psychophysical and mental wellness.

Tensions are relaxed; body and mind are restored to a state of balance.

## **THEMA - BODY DETOXIFYING**

50' 80 €

### ***Detoxifying action***

Double smoothing and tonic treatment, specific for those who have accumulated toxins with an unbalanced diet, for those who do intense physical activity producing large amounts of free radicals and have greying, impure, fatigued skin. Thanks to the extracts of tomato and watercress, toxins are eliminated and, with the help of olive oil, the skin gets an extreme

nourishment. For a smooth, extraordinarily velvety, deeply cleansed, hydrated on the surface and elastic skin.



## **FIRE PLUS - BODY REFINING**

50' 95 €

### ***Reshaping action***

This ritual gives tone to the body thanks to its new formula enriched with active ingredients with anti-cellulite reducing and reshaping action. Suitable for the abdomen and buttocks, it gives an immediate push-up effect.

## **FLOATING EXPERIENCE**

20' 30 €

Intense treatment to give you an experience of total regeneration for body and mind thanks to the Cloud and its therapeutic power of floating that fights the stress and tension accumulated by the body.

The synergistic action of the water pressure and the hydro massage and the temperature favours the opening of the pores of the skin intensifying the benefits of the treatment.





### **RELAXING MASSAGE**

50' 80 €

A complete treatment that stimulates circulation and acts on the main muscle chains to relax them.  
An authentic experience of wellness.

### **DRAINING MASSAGE**

50' 80 €

This treatment acts on the lymphatic and circulatory system in order to facilitate the elimination of any stagnation of liquids.

### **PARTIAL BODY MASSAGE**

25' 50 €

A wellness break on specific areas, useful to relieve the sensation of heavy legs or tension to the back or shoulders thanks to specific movements with essential oils.

### **FACIAL MASSAGE**

25' 50 €

The particular techniques used in this treatment generate an immediate increase in superficial blood circulation giving the skin an immediate oxygenation, tone, and colour.

### **FOOT MASSAGE**

25' 50 €

The acupressure practiced on certain points of the foot sole, restores the energy balance of the whole body, fighting stress and discontent.



## MASSAGGIO DI COPPIA

A couple's massage is a true ritual that allows you to share the experience of a relaxing massage with your partner, friends or relatives; so that you have a deep and unique feeling of well-being.

25' 120 €

50' 160 €

## BEAUTY SERVICES

### *Lady and gentleman hair removal*

Manicure	35 €
<i>with semi-permanent nail polish application</i>	50 €
Aesthetic pedicure	40 €
<i>with semi-permanent nail polish application</i>	55 €
Curative pedicure	45 €
Semi-permanent removal	20 €
Hair removal	10/30 €
<i>depending on the part to be treated</i>	



## CODE OF CONDUCT

*The environment of our Spa is characterized by peace and relaxation. Please respect the privacy of other guests, maintaining the tone of voice low and avoiding the use of mobile phones and video cameras inside the Centre.*

Every day from 10:00 am to 8:00 pm

